



SEPTEMBER·2025

Briar Creek II

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sit & Stitch 1PM Cardio & Strength Class 915AM	2 Strength & Balance Class 1030AM	Earlybird Breakfast 830AM EVE'S Zumba Gold Class 915AM	Strength & Balance Class 1030AM	Zumba Gold Class 1030AM	6 8:00AM Coffee Hour
7	Labor Day 8 Sit & Stitch 1PM Cardio & Strength Class 915AM	9 Strength & Balance Class 1030AM	10 Earlybird Breakfast 830AM EVE'S Zumba Gold Class 915AM Ladies Luncheon 1PM	Strength & Balance Class 1030AM All Media info due to Pete	Zumba Gold Class 1030AM	8:00AM Coffee Hour
14	Sit & Stitch 1PM Cardio & Strength Class 915AM	Strength & Balance Class 1030AM	Earlybird Breakfast 830AM EVE'S Zumba Gold Class 915AM Food Pantry collection 8:00-10am	Strength & Balance Class 1030AM MINGLE 430pm	Zumba Gold Class 1030AM	20 8:00AM Coffee Hour
21	Sit & Stitch 1PM Cardio & Strength Class 915AM First Day of Autumn	Strength & Balance Class 1030AM	Earlybird Breakfast 830AM EVE'S Zumba Gold Class 915AM	25 Strength & Balance Class 1030AM BUNCO 7PM	Zumba Gold Class 1030AM	8:00AM Coffee Hour
28	29 Sit & Stitch 1PM Cardio & Strength Class 915AM BINGO sell 5pm play 6pm	Strength & Balance Class 1030AM				